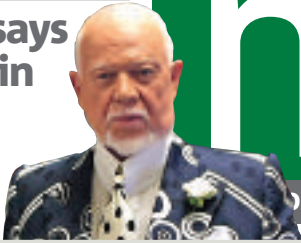


**Sports** Pg 10

**Cherry says Ovechkin won't repeat magic**



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# metro

**Celebrity** Pg 14

**DiCaprio ready to start family**



ON • THURSDAY, OCTOBER 2, 2008

metronews.ca

# Grieving town turns to Net

Edson residents logging on to Facebook to express feelings over teen girl's death

**JEFF CUMMINGS**  
jeff.cummings@metronews.ca

**People touched by the death of a 14-year-old Edson girl — a talented musician who loved bible study — are turning to Facebook to express their feelings of loss.**

"It is incredible to believe that little Edson can have a

problem like this, but people are sinners and sinners do awful things," posted former Edson resident Glenn Ronald Bowles on a group page — on the social networking website Facebook — called R.I.P. Emily Joy Stauffer.

Tammy Pichette, of Edson, posted that people in the

small town 200 kilometres west of Edmonton have a false sense of security forgetting there are two major highways that go through the town.

"I have always made my girls aware that we never know who is coming through our

town....," said Pichette. "Unfortunately, it has taken a terrible tragedy to shake our town to the core and to make people realize there is no safe place in this world anymore..."

"People of Edson, our worst nightmare has arrived in our town."



Stauffer

The Stauffer family has scheduled a funeral service in the town for tomorrow at 11 a.m.

Mounties have 40 investigators on the case, which may include a reported attack Tuesday afternoon when a woman in her 20s was accosted on a trail near to the local Tim Hortons.

No arrests, however, have been made in the case,

Mounties said.

Stauffer was killed on a tree-covered wooden path around 4:45 p.m. in the northwest side of Edson, said Cpl. Wayne Oakes, an RCMP spokesman.

Police released a sketch of a person of interest who may have information about the case, but Mounties say the man isn't a suspect.

**Style** pg 12

**Get cozy in a cape**



**Entertainment** pg 13



**Nerdcore fails to bring cool**

**Election 2008** pg 4-6

- Nation leery of Harper unbound: Andrew Cohen
- Rival party leaders gang up on PM
- Polls split on majority

**ShareYourViews**  
edmontonletters@metronews.ca



Transit officials, police and emergency workers, secure and investigate the scene of a fatal LRT incident yesterday between a train and pedestrian at a crossing near 93 Street and 107 Avenue.

## Fatality causes rush hour chaos on LRT

**ACCIDENT** Puzzled LRT riders were left waiting at stations yesterday afternoon, after a horrific death on the tracks shut down train service.

"There was a fatality. A man was contacted by one

of our trains," said city transit manager Charlie Stolte.

Police have released few details on the incident, but it is believed that the death was not criminal in nature. The man was struck near

Stadium Station at 93 Street around 3 p.m. yesterday.

"It happened right during rush hour," Stolte said. "A lot of people were stuck waiting."

Trains operated in both

directions on a single track for the afternoon, and wait times were tripled for riders along the line who were left uninformed about the tragedy.

VICTORIA HANDSIDES  
/METRO EDMONTON

## Crying girls wanted to stay with dad

**FAMILY** Brad Cooper's daughters Bella and Katie screamed and clung to their father when police officers took them away from him four days after their mother, Nancy Cooper, was murdered.

In an affidavit released by the Wake County Court District, four officers that apprehended the girls to give temporary custody to their grandparents, Gerry and Donna Rentz, said Brad Cooper was cooperative and tried to keep them calm.

"Bella, the older of the two girls, is four-years-old. She clung to Brad's neck and cried hysterically. We had to pry her arms from around him," wrote Sgt. B. Clark in the affidavit.

No charges have yet been laid in connection with the murder of the former Edmontonian, who was found strangled, floating in a storm run-off pond. Her husband has not been named as a suspect.

METRO EDMONTON



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A proposal to develop a 26-storey apartment building in the McKay Avenue area in downtown Edmonton will be under the microscope of neighbours. The debate will take place Tuesday at 7 p.m. in the Edmonton Public Schools Archives and Museum at 10425 - 99 Avenue NW. **METRO NEWS SERVICES**

# Local

Alberta Liberal

## Turning Point in city

The Alberta Liberal 2008 convention, Turning Point, runs this weekend at the Best Western Westwood Inn, 18035 Stony Plain Road. Saturday evening will see a tribute dinner to departing leader Kevin Taft. Sunday there is Leadership candidates' forum and the Annual General Meeting. **METRO NEWS SERVICES**

UGLY BETTY

9 Tonight

Citytv

ROGERS

## City's homeless get boost

JEFF CUMMINGS  
jeff.cummings@metronews.ca

**Hundreds of the city's homeless are expected to pour into the Shaw Conference Centre Sunday to seek help without standing in aggravating lineups or to feel as if they're being pushed out the door.**

"We're not seeing this as a quick solution (to end homelessness), but we are

seeing this as a strategy to help our neighbours," said Ione Challborn, an executive director with Canadian Mental Health and an organizer behind the Homeless Connect Edmonton day.

Starting at 9 a.m., more than 200 volunteers and over 40 public and private agencies will provide 45 services, including immunization, free haircuts, laundry, tax advice, a free meal, free long distance

calls and help with baby supplies for families.

Challborn says the homeless will also be helped in getting proper ID that can be used to open bank accounts — a challenge for those who don't have fixed addresses.

"This will give accessibility for people, even those that are working part time, to get help in filling out forms and talk to people on a Sunday when they are only available during the

### Other events

- Over 200 cities around the world, including Calgary, have held Homeless Connect projects.

week," said Les Umpherville, who just recently found a permanent place to live after living on the streets.

Edmonton Transit will provide free service to the Shaw Conference Centre.

## Pup nursed back to health by donors

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca

A Labrador cross named Blackie is one of the luckiest four-leggers around after generous donations saved not only one of her most precious appendages, but her life as well.

The three-year-old female Labrador mix came to the Edmonton Humane Society in May needing crucial surgery to repair ligaments in her right back leg.

"The owners couldn't afford the surgery," said Humane Society veterinarian Anthea Smith. "Thanks to donations we were able to purchase the surgical equipment so that we could fix her knee for her."

Previously, Blackie had the very same surgery on her left leg, which set her owners back a hefty \$3,500.

Though the shelter has a no-kill policy, officials thought it unlikely that she'd be adopted with such a heavy financial burden.

The tough decision was made that if \$2,000 couldn't be raised, she would be euthanized.

Luckily, enough cash was donated to the shelter's Sick and Injured Animal Fund and the instruments were purchased in time to save Blackie's life.

"It's very gratifying to be able to do these surgeries and watch the animals recover successfully," Smith said.

Though Blackie was spared from euthanization, officials warn that the shelter isn't an alternative to paying for pet surgery.

"We definitely don't want to be a dropping ground for people that can't afford surgery, however, we will never turn an animal away," said Humane Society spokeswoman Shawna Randolph.

Blackie was put up for adoption at noon yesterday, and was adopted by an Edmonton family just two hours later. The society will not release the family's identity, but said they have a nine-year-old girl.

### News in brief

**THEFT** Police are trying to figure out how heavy industrial equipment worth over \$1 million simply disappeared from a north-end methanol plant. The heist took place sometime between Aug. 11 and Aug. 18, when crooks made off with specialized steel pieces from a plant on Hayter Road that had been shut down over a year ago. The equipment stolen was so heavy that police believe the thieves used a crane to move it. "This stuff is valuable enough and specific enough that the people knew what they were dealing with," said Det. David Butt. The pieces — exchanger heads, reformer tubes and carbon steel spools — were stolen out of two warehouses. There is a \$20,000 reward for information.

METRO

### Theatre The cat's meow



Grade 5 and 6 students at Bisset School in Mill Woods crowd around Cats performer Anastasia Lange yesterday to meet her after she sang a tune from the show for them. The students, who had their faces painted for the occasion, also performed songs from the musical that they had practised. The venerable Broadway musical play runs until Sunday.

## Man stabbed to death in Hobbema

**MURDER** Mounties in Hobbema arrested a 16-year-old minor Tuesday night after a 28-year-old man was found stabbed to death in a home in the Louis Bull Reserve.

After receiving the call around 9:20 p.m., police and emergency crews found Joseph Daniel Moonias. He died later on.

After an investigation,

police arrested the youth who is currently in custody in Wetaskiwin.

Investigators confirmed Moonias was attacked by someone he knew. Police say the investigation hasn't closed, however.

The escalating violence in the town has made community leaders and law officials launching a guns and weapons amnesty in

Hobbema Aug. 1.

Anyone in the community can get rid of unwanted weapons by calling Hobbema RCMP without being charged with possessing unregistered or unlicensed firearms until Nov. 3. Police will test all guns, however; if they determine the weapon is stolen, they will begin an investigation.

METRO NEWS SERVICES



Edmonton Humane Society vet Dr. Anthea Smith checks out Blackie, a three-year-old Labrador Retriever mix. Generous donors helped Blackie to get expensive knee surgery.

metronews.ca

What's online today.

**Watch** election reports on Quebecers who have set up a site featuring anti-Harper testimonials and on Tony Clement's hopes of improving on his 2006 28-vote win at [www.metronews.ca/canada](http://www.metronews.ca/canada)

### Lotteries

Lotto 6/49 2, 8, 22, 29, 34 & 48 Bonus 47  
These results are not official.



**34 arrested in Calgary bust**

Calgary police have levied over 250 criminal charges against 34 people after an 11-month investigation into a violent organized crime group in the city. Police executed 25 search warrants, resulting in more than \$200,000 worth of drugs, \$40,000 in cash and 12 guns. **METRO CANADA**

**3**

# Canada



## St. John's comes home

HMCS St. John's returned to Halifax yesterday after completing its involvement in Operation Horatio, a relief effort in Haiti which delivered more than 450 metric tons of rice, corn-soya meal, bottled water, water purification tablets and other relief supplies over a 13-day period. The ship's Sea King helicopter delivered more than 300 cargo loads. **METRO CANADA**

# VANOC lawsuit grows

## Female ski jumpers add first Canadian to Olympic suit

KRISTEN THOMPSON  
Metro Canada



The list of female ski jumpers suing VANOC for barring them from competing in the 2010 Games became a little longer yesterday when the first active Canadian jumper added her name to the suit.

Zoya Lynch, 17, and nine jumpers from the United States, Europe and one retired Canadian, allege VANOC is violating Canada's Charter of Rights by not letting their sport, for which there is a men's component, into the Olympics.

VANOC has maintained that the suit is aimed at the wrong target and that it's up to the International Olympic Committee to make this decision.

Lynch, who has been jumping since she was



Ski jumper Zoya Lynch, 17, and lawyer Ross Clark outside a B.C. court in Vancouver yesterday.

eight, said she's lost faith in VANOC and the Canadian government.

"It's hard to focus on school and being an elite athlete as well as trying to get my sport into the Olympics," she said.

"I don't want to stand on

the sidelines watching the boys. I put every single second of my life into this."

Lynch's mother, Sarah Lynch, said she raised her daughter to believe that her gender would never stand in the way of her dreams and goals.

### Reasoning

- VANOC and the IOC say there aren't enough elite female jumpers internationally to justify the sport's addition to the 2010 roster.

## Couillard's tell-all book latest trouble for Tories

**BERNIER** Prime Minister Stephen Harper, already on the defensive amid charges of plagiarism, faced the prospect of fresh embarrassment yesterday over a new book that paints an unflattering portrait of former foreign minister Maxime Bernier.

In the book, Julie Couillard, Bernier's ex-girlfriend, says the minister was not concerned over the possible

**"I'd rather you waited until garbage collection day to do so. They are secret documents, after all."**

Maxime Bernier, as quoted by Julie Couillard

Quebec secession and was opposed to sending Canadian troops to Afghanistan.

The book will hit shelves in Quebec Monday and is likely to draw attention.

Bernier was forced to re-

sign in May after admitting he had left secret documents in Couillard's apartment. The pair have since split up.

Bernier was supposed to have returned the docu-

ments to the foreign ministry, but Couillard writes that he simply asked her to throw them away.

"I'd rather you waited until garbage collection day to do so. They are secret documents, after all," she quotes him as saying.

Bernier issued a statement to La Presse dismissing the allegations in the book as "completely ridiculous."

REUTERS

### News in brief

**HALIFAX** Nova Scotia's auditor general says the RCMP should investigate irregularities uncovered in an audit of the province's controversial immigration mentorship program.

**OTTAWA** Police yesterday said they are seeking suspects after a trio of sexual assaults, including one Monday in which a man tried to abduct a woman.

**LABRADOR** The economic crisis

could lead to a six-month delay for the Lower Churchill power project, CBC News Online reports.

**SASKATCHEWAN** A judge has ordered that the trial of Curtis Dagenais, accused of killing two RCMP officers in 2006, will be heard in Saskatoon instead of North Battleford as had originally been planned, CBC News Online reports.

METRO NEWS SERVICES



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## Election 2008



# Angst at the ballot box

Poll shows Canadians leery of handing Conservatives a majority

## On the Hustings

**Andrew Cohen**

Election insight and analysis

Among the blizzard of polls appearing every day of this campaign, the most intriguing may be this one: 52 per cent of Canadians worry about giving the Conservatives a majority.

They appear to be concerned about handing the government carte blanche, four or five years of unfettered, unchecked government.

In other words, the Conservatives are unbound. Stephen Harper unplugged. Any leader's fantasy.

If this kind of anxiety ex-

ists in Canada, it's because 52 per cent of Canadians think the Conservatives would surprise or anger them with what they would do with a majority. That might mean cutting funding to the CBC or revisiting the legalization of abortion or the ban on capital punishment, which social conservatives dislike.

But if the second part of this poll is correct, this concern doesn't mean much. Asked whether they would change their vote to stop a Conservative majority, 81 per cent said no.

Apparently, then, the prospect of a Conservative majority doesn't disturb Canadians as much as it did in 2006, when the Conservatives were held to a minority, or in 2004, when they lost. Both times the Liberals argued that the Conservatives had "a secret agenda" and couldn't be



trusted with a majority. Their "fear-mongering" seemed to have worked.

Now, if it is true that half of Canadians "worry" about a majority but four-fifths would do nothing to prevent it — such as strategic voting — the dynamic of this campaign may have decisively shifted.

This may explain why the

Conservatives began the campaign predicting that they would win only a minority, reluctant to raise the prospect of a majority. Worried about driving frightened voters to the Liberals, they sought to lower expectations, hoping that a polarized electorate would deliver their majority on Oct. 14. But they're less shy now.

If Harper is wary of using the "M" word too much, he is unafraid to ask for a stronger "mandate" to free his government from the scrutiny of those left-of-centre parties in Parliament.

He has reason to be confident. While no polls show him winning more than 40 per cent of the vote, the level usually necessary for a majority in Parliament, he remains at least 10 points ahead of the Liberals.

Fundamentally, Canadians may not like Stephen Harper, and they may not trust him with a majority, which is why he can't crack 40 per cent. But in dutifully distributing their votes among a fractured four-party opposition, they may give him his wish anyway.

Andrew Cohen teaches journalism at Carleton University. He is the author of *Extraordinary Canadians: Lester B. Pearson*.

**16** Registered political parties: 16

- Animal Alliance Environment Voters Party of Canada
- Bloc Québécois
- Canadian Action Party
- Christian Heritage Party of Canada
- Communist Party of Canada
- Conservative Party of Canada
- First Peoples National Party of Canada
- Green Party of Canada
- Liberal Party of Canada
- Libertarian Party of Canada
- Marijuana Party
- Marxist-Leninist Party of Canada
- neorhino.ca
- New Democratic Party
- Progressive Canadian Party
- Western Block Party

Eligible political parties: 3

- Newfoundland and Labrador First Party
- People's Political Power Party of Canada
- Work Less Party

**METRO NEWS SERVICES**

**12** days remain until the 2008 Canadian federal election

# On October 2<sup>nd</sup> hear what the other parties didn't want you to.



Be sure to watch **Elizabeth May** in the National Televised Debates.

Canada needs you to listen, deliberate and voice your opinions more than ever before. Democracy only works when everyone is involved. Vote for yourself. Vote for Canada. **VOTE FOR TOMORROW.**

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**Little interest in watching debates: Survey**

Roughly one-third of Canadians have no plans to watch either of the federal election debates, an Angus Reid Strategies poll has found. The online survey found 33 per cent will only watch the English debate and 11 per cent plan to watch both. Thirty-five per cent said they wouldn't watch either. **METRO NEWS SERVICES**

canada 5

Election 2008

## Watchdog claims election is illegal

The current federal election is illegal because Prime Minister Stephen Harper broke his own fixed election date, a group advocating government accountability will argue in federal court this morning.

Democracy Watch is filing a motion before a federal judge in Ottawa asking the court to hear its arguments

that the election is illegal because the prime minister asked the Governor General to dissolve Parliament and call an election before October 2009, the date the election should have been held as set down in the Canada Elections Act.

An amendment to the Canada Elections Act stating each general election must

be held on the third Monday of October every four years became law in May 2007. And promises of fixed election dates were a major part of the Conservative's 2006 election platform.

Peter Rosenthal, a lawyer for Democracy Watch, will be submitting comments from key figures in the Conservative government that

the intention of the fixed election date law is to prevent the prime minister from asking the Governor General to dissolve Parliament unless it loses a non-confidence vote.

TORSTAR NEWS SERVICE



Quebecers set up anti-Harper website. Watch at [metronews.ca/canada](http://metronews.ca/canada)



Conservative Leader Stephen Harper makes a point during the French leaders' debate last night in Ottawa.

## Rivals pile on Harper

**Prime Minister Stephen Harper's rivals ganged up on him last night, using the French debate to accuse him of favouring the same economic policies as U.S. President George W. Bush.**

Opposition leaders — who regularly accuse Harper of

harbouring an extremist agenda and of taking his orders from Bush — blamed the prime minister for Canada's sluggish economic growth and said he should do

more to help people who had lost their jobs.

"Mr. Harper is a fan of the laissez-faire approach to the economy, like Mr. Bush, and we can see the disaster unfolding now in the United States," said Bloc Québécois Leader Gilles Duceppe.

Harper says the Canadian economy is doing well considering the problems in the United States.

"The value of Canadian workers' pensions has dropped by \$90 billion in two days — it's unbeliev-

able. And you say that everything is going well," said NDP Leader Jack Layton.

"The policies that you are suggesting today are the same ones used by George Bush ... Where is the action plan to protect people?"

**"Mr. Harper is a fan of the laissez-faire approach to the economy, like Mr. Bush, and we can see the disaster unfolding now in the United States."**

Gilles Duceppe

the United States ... we're in a period of slow growth," he said.

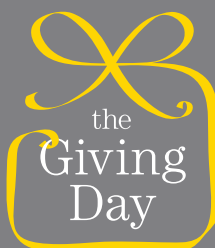
But he added: "In the United States they're losing jobs, they're losing houses, they're losing banks. It's totally different in Canada."

The leaders will meet tonight for the English-language debate at 7.

REUTERS



Tony Clement hopes to improve over his 2006 28-vote victory. Watch at [metronews.ca/canada](http://metronews.ca/canada)



## Looking to raise funds for your organization?

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The Giving Day discount cannot be combined with New Account Discounts. Other exclusions may apply. See in-store for details.



## Election 2008



# Polls divided on possible Conservative majority

The Conservatives could turn their parliamentary minority into a majority in the Oct. 14 election,

according to one poll released yesterday, while other surveys suggest they could fall just short.

A Strategic Council survey for the Globe and Mail put the Conservatives at 39 per cent support, with the

Liberals well behind at 24 per cent. The New Democrats were at 19 per cent.

A Harris-Decima/Canadi-

an Press poll had the Conservatives unchanged at 36 per cent, the Liberals down two points at 24 per cent

and the New Democrats off one point at 17 per cent.

REUTERS

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**Hikers find Fossett's ID, belongings**

Hikers in a remote area of California have found clothing and aviation identification cards belonging to millionaire adventurer Steve Fossett, presumed dead after his plane went missing a year ago, police said yesterday. **REUTERS**

7

# World/Business

## Bailout clears first hurdle

Senate approves \$700 billion Wall Street aid package

**A \$700 billion US financial industry bailout was approved by the Senate last night and headed back to the U.S. House where leaders, stung by a 'no vote' that rocked markets Monday, were cautiously optimistic it would pass in coming days.**

"We are working very hard to see if we can pass a

### Bush piling on pressure

President George W. Bush, while expressing confidence in the bill's fate this time around, pressed his case, warning law-

makers the measure was needed "so as to stabilize this (economic) situation, so that it doesn't get worse."

plan that will stabilize our economy," House Majority Leader Steny Hoyer said before the Senate over-

whelmingly passed the bill. The Maryland Democrat said he expected the House to take up the bill tomor-

row and that he thought some of the changes made in the Senate would help attract more Republicans.

"We need a 100 Republican votes to pass this. We didn't get them on Monday, hopefully the Republican leadership will be able to get their members to support it this time around," Hoyer said.

**REUTERS**

### News in brief

**HEALTH** The deadly AIDS virus first began spreading among humans at the turn of the 20th century in sub-Saharan Africa, just as modern cities were emerging in the region, U.S. researchers said yesterday. The finding pushes back the origin of HIV by several decades, they reported in the journal Nature.

**MONEY** French Economy Minister Christine Lagarde denied yesterday that France was planning a 300 billion euro (\$424.4 billion US) EU bank rescue package. Asked about the report, Lagarde told reporters: "There is no such thing. There is nothing of the sort."

**REUTERS**

### Birthday Gandhi fondly remembered



Children dressed as famed Indian spiritual and political leader Mahatma Gandhi pose on the eve of his 139th birth anniversary yesterday in the northern city of Lucknow. Gandhi's birthday is a national holiday in India and is recognized by the UN as the International Day of Non-Violence.

PANKAJ KUMAR/REUTERS

## Business

### Business in brief

**WIRELESS** Globalive Communications Corp. said the financial crisis is not hurting its bid to become a national wireless player, since its backing comes from Egypt's Orascom Telecom.

**WATER** Bottled water supplier Canadian Springs says it will introduce a half-litre plastic bottle refundable for 25 cents on Jan. 1, in the hopes of reducing waste. **TORSTAR NEWS SERVICE**

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## Canada's auto industry sputtering

**Canada's sputtering auto industry faces more serious trouble such as layoffs and plant closures as sales in its key U.S. market continue plunging.**

Canada exports more than 80 per cent of its vehicle production and 60 per cent of parts output to the U.S., where sales declines are worsening each month.

In September, U.S. auto sales crashed 27 per cent or more than 350,000 vehicles

to 965,160 from the same month last year. Sales south of the border are down almost 13 per cent in the first three quarters of the year.

Sales at Ford, Chrysler, Toyota, Honda and General Motors tumbled 15 to 34 per cent in September.

Furthermore, credit restrictions are an obstacle for consumers buying vehicles, noted one industry analyst. **TORSTAR NEWS SERVICE**

## Blockades halt pipeline build

**BLOCKADE** Enbridge Inc. said yesterday First Nations blockades outside Regina and Kerrobert, Sask. have halted construction on its \$3-billion Alberta Clipper pipeline project.

An Enbridge spokesperson said the groups are seeking greater access to contracts to provide goods and services for the construction, and that discussions are ongoing. **REUTERS**

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BRIAN TOWIE  
Metro Canada



**Houses in tip-top condition often attract top dollar from buyers and if you're trying to sell a home that may not be in the greatest of shape, it may behoove you to invest in a fix-up before you put it on the market.**

You do need to ask yourself a couple of questions before you begin, however. How can you maximize your spruce-up on a limited budget? Is it worth fixing up a home given the return you might receive?

Christine Martysiewicz, spokesperson for Re/Max Ontario and Atlantic Canada Inc., says you can beef up your sale by renovating your home and that it can indeed prove useful given the nature of the housing market. A fix-up can give you the edge.

"It's absolutely worth it," she said. "In today's competitive marketplace,

a renovation is money well-invested. There are more properties for sale and a well-maintained house leaves a good impression with the buyer."

Real estate agent Mark Albert says a fix-up begins in the kitchen and then the bathroom for good measure, typically the two areas in the house shoppers consider most important.

"They're the rooms in the house that people look at the most and they tend to generate the most interest," he said. "If the house itself looks good, but the kitchen is lacking, it would be a wise idea to fix that."

Kenneth Ho of Biglar-Kinyan Design agrees that the kitchen is the first spot on which to focus. He writes on renovation advice website handycanadian.com: "The kitchen ... is the busiest room in the house as we prepare and eat at least two meals there each and every day. That's why it's the first room that



If you want to fix up your home before selling it, the kitchen is the first place to start, experts say.

potential buyers look at when they walk into a property listed for sale."

Martysiewicz advises considering an upgrade to hardwood flooring and new energy-efficient windows among your touch ups, both popular and en-

ergy-efficient selling points for the buyer.

"It's important to look at it from the buyers' side. They're looking at energy costs and what they will have to fix when they get into the home," she said. "It's important to keep it

updated."

But gauge whether you would benefit from a renovation, advises Albert. A fix-up for the sake of a sale can often be expensive. He notes that even the most basic one can rarely be done for less than \$10,000,

and Martysiewicz, citing a recent survey Re/Max published, adds an average-income homeowner will spend as much as \$21,000 on a fix-up.

Albert says it may be wasteful in the sense that buyers may have their own plans for what they want to do with the room you just changed. It depends on the condition of the rest of the home.

"Is the house generally in good form? Does it look nice, comfortable and pretty? If so, your investment would be worth it," he said. "Buyers are savvy and they can spot a tired-looking house. You wouldn't benefit from your investment in that case."

It need not be expensive. Martysiewicz says a touch-up is possible in even the most basic and cost-effective way.

"You can change your appliances, de-clutter, put on a fresh coat of paint or even replace your handles and doorknobs," she said.

## Do your homework if you're planning to flip property: Experts

ERIC EMIN WOOD  
for Metro Canada



It's no secret that many homeowners view their dwellings as profitable short-term investments, giving rise to the practice of "flipping" — making a quick turnaround on property by adding improvements and selling within months after moving in.

For homebuyers wishing to become flippers, "it's really important to do your

homework," says Cindy Newton, a sales representative with Coldwell Banker Terrequity Realty (terrequity.ca). "You can't buy just any house, make some improvements and expect to make a profit," she says.

First and foremost, flippers should find an agent who knows their neighbourhood. "They can tell you what buyers are looking for and [are] willing to pay a premium for," Newton says. "Is it a neighbourhood for young families? Or

are most of the buyers single professionals? Their needs and desires will be quite different."

Flippers must also decide on the level of improvements they're planning to make. "Set a budget and know that you're going to probably go over that budget," Newton says.

Prospective flippers also need "at least a 25 to 35 per cent down payment" on their new property, says John Sinnott, manager of residential mortgages with

TD Canada Trust.

Sinnott recommends choosing an open mortgage, which allows buyers to quickly pay it back without incurring administration costs.

"If you have a closed mortgage of any sort, when you pay it off you'll be charged a penalty, so that's something you have to avoid," says Sinnott.

Both Newton and Sinnott stress there is no fixed high-low range when it comes to the potential benefits of

flipping properties and no standard profit depending on the price of the home.

"Let's say you're buying a condo for \$250,000," says Newton. "Make sure you know what prices the renovated units are selling for and what level of finishes the competition is offering."

Prospective flippers wishing to estimate their potential profit must take several costs into consideration: The cost of purchasing the home; renovations, including a 10 to 20 per cent con-

tingency; mortgage payments; property taxes and land transfer tax, which may include both provincial and municipal land transfer tax and, if the house is not the flipper's primary residence, capital gains tax; utilities; home inspection fees; permit fees, legal closing costs and realtor fees.

You then subtract all of this from your estimated selling price — "which by the way is not guaranteed," says Newton — and there's your potential profit.

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# Tackling indoor air pollutants

HomeScape

Sylvia Putz



**T**his winter, your indoor air quality could really stink. In fact, it may be several times worse than outdoor pollution on a bad day.

Please don't be offended — it's not just you. Indoor air in the average Canadian house is often poor in the winter for the simple reason that we like to seal up our homes at this time of year.

While this conserves energy, which is good, it can also leave us in a warm stew of indoor haze. And we tend to spend a lot more time indoors in the winter, so exposure to these indoor pollutants is higher.

And believe me, we all have indoor pollution to some degree. It includes things like floating dust and the various ingredients of dust; tiny airborne spores from mould and mildew; carbon monoxide, nitrogen dioxide and various other byproducts of combustion from furnaces and gas stoves; tiny particles of soot from cooking; and off-gassing of formaldehyde and volatile organic compounds (VOCs) from some types of plywood and particleboard found in cabinetry as well as from paints, glues, solvents and some wall-to-wall carpeting.

While dust, dead human skin cells, spores, byproducts of cooking and various other types of the airborne detritus that surrounds us are a fact of life, stagnant or dirty indoor air can lead to health problems.

The severity of the reaction depends on the sensitivity of the person, but for most people, excessively dusty or dirty air can cause or aggravate coughing, wheezing and shortness of breath.

It can even worsen or trigger allergic reactions. And improperly ventilated

air can bring on headaches, dizziness, fatigue, and eye, nose and throat irritation.

But there's no need to despair. While effective filtering and ventilation is one part of the solution, the best way to reduce dirty indoor air is to control it at the source.

Excess moisture is one source of indoor air pollution. Mould and mildew grow in damp places, where they produce tiny airborne spores that are easily inhaled. Discoloured floors, walls, window panes, curtains, carpets or a persistent musty odour are sure signs of dampness.

Visible mould can be washed away with soap and water, increased ventilation can help dry out damp areas and air cleaners can help get rid of tiny spores in the air. But if structural problems are leading to mould and mildew in the first place, you may have to rectify those issues.

For example, if you've got a leaky roof, a musty-smelling basement, window condensation or water pooling around window sills, or inadequate or non-existent bathroom, laundry and kitchen fans to vent moisture, you may need to fix the problem.

And remember that not all mould is obvious. If you've suffered from water damage or persistent dampness, you may find

**The best way to reduce dirty indoor air is control it at the source.**

you have mould or mildew growing in walls or above ceiling tiles.

Dust is another culprit, not so much because your mother-in-law will disapprovingly run her finger across your dusty china cabinet, but because household dust can contain nasty airborne stuff, such as dust mites and their wastes.

The remedy is tedious but necessary — regular vacuuming of floors and upholstery and dusting of surfaces.

Since mites adore dead human skin cells, washing bed linens and mattress and pillow covers every week is a good plan.

Sylvia Putz is a journalist with an interest in home decor and design. She has written extensively for the TV show Arresting Design.

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The Edmonton Oilers placed forward Ryan Potulny on waivers yesterday. The Oilers acquired Potulny from Philadelphia on June 6 in exchange for defenseman Danny Syvret. **METRO NEWS SERVICES**

Oilers waive Potulny

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# Sports

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## Henry faces drug charges

Former NFL running back Travis Henry has been arrested on federal cocaine charges. Henry, along with James Mack, was arrested yesterday after a multi-kilogram cocaine transaction that occurred in Centennial, Colorado. Both subjects are being held pending the filing of federal drug charges in U.S. District Court in Denver. **METRO NEWS SERVICES**

## Ovechkin to slump: Cherry

YorkReport

Marty York

marty.york@metronews.ca

He was the NHL's top scorer and MVP last season, but don't expect Alexander Ovechkin to be as electrifying, efficient or effective this season.

That, at least, is the advice of CBC's Don Cherry, who offered his prediction for the Washington Capitals' superstar yesterday while he and other television analysts previewed the coming NHL season in a conference call with media types.

"I'd be surprised if (Ovechkin) does as well as he did last year," Cherry said. "He was doing things he shouldn't do. He was

### Expansion

• Don Cherry on the NHL's future expansion plans into Europe: "I can't see them drawing (spectators) over there and I can't see them charging the big ticket prices to pay for players' salaries."

cutting into the middle and ... he was getting away with it. He won't get away with it this year. (Opponents) will be waiting for him this year.

"I'm not knocking him ... But I was asked if he's going to have a better year and I'm just saying he won't have as good a year."

Ovechkin wasn't Cherry's only target yesterday. He ripped the Vancouver Canucks, too.

"I hate to say it because I think (Vancouver's) Roberto Luongo is the best goalie in the world, but I don't think the Canucks have added any firepower," Cherry said.

"They're going to be in a dogfight to make the playoffs."

And Cherry also questioned the Canucks' decision to establish Luongo as their captain.

"If he's a leader, he'll be a leader, but he doesn't have to be the captain," Cherry said. "It shouldn't be a goalie. It's silly as far as I'm concerned."

Mike Milbury of CBC and NBC quickly agreed with Cherry about Luongo's appointment.

Milbury also suggested the Pittsburgh Penguins, Stanley Cup finalists last season, will be heading downhill this season.

"Pittsburgh lost a lot of glue on their roster," he said. "I think they're going to struggle ... The Penguins have some hills to climb ... I'm also not as sold on (goalie Marc-Andre) Fleury as they seem to be."

Milbury's strangest com-

ments, however, came after a writer asked the analysts to speak about their mothers' influences in their hockey careers in connection with all the hockey-mom talk these days in the United States, where vice-presidential candidate Sarah Palin publicly described herself as "a hockey mom."

Analyst Ed Olczyk went down memory lane about how his mother would tie his skates and provide him with endless support, but Milbury wasn't sappy at all, saying:

"Don't get me wrong. I loved my mom dearly. She's not with us any more. But all I ever heard from her was 'You have to hustle more' ... All I got from her, besides genetics, was aggression."

Bizarre.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

## Hamels mangles Brew crew

Phillies 3 Brewers 1

Cole Hamels hurled eight shutout innings as Philadelphia downed Milwaukee, 3-1, in Game 1 of their National League Division Series at Citizens Bank Park.

Hamels (1-0) used great location and a dominating change-up to keep an undisciplined Brewers lineup off-balance throughout. He allowed just two hits and one walk while striking out nine batters. The left-hander retired the first 14 batters he faced before Corey Hart lined a clean single to right with two outs in the fifth inning.

Phillies closer Brad Lidge struggled in the ninth and surrendered a run before allowing the tying runs in to scoring position with two outs and then striking out the final batter.



Cole Hamels of the Philadelphia Phillies delivers in Game 1 of the NLDS Playoff against the Milwaukee Brewers at Citizens Bank Ballpark yesterday in Philadelphia.

Dodgers 7 Cubs 2

James Loney clubbed a two-out grand slam in the fifth inning and Manny Ramirez homered in the seventh as the Los Angeles Dodgers beat the Chicago Cubs 7-2 in the opener of their National League Division Series.

sion Series.

Ryan Dempster, of Gibsons, B.C., (0-1) was charged with seven walks, as he yielded four hits and four runs in 4½ innings for the Cubs.

It's been 100 years since they last won a World Series title.

METRO NEWS SERVICES

## Balsillie not targeting Predators

NHL Media reports that Canadian businessman Jim Balsillie — who has long sought an additional NHL franchise for southern Ontario — is again attempting to buy all or part of the Nashville Predators appear to be premature.

Reports surfaced this week that Balsillie, the co-founder of Waterloo-based Research In Motion Ltd., was close to either purchasing the Predators outright or making a bid for the 27 per cent share of the team which is in the hands of a bankruptcy court. Sources now say this is misleading.

TORSTAR NEWS SERVICE



Balsillie

### SCOREBOARD

MLB	TODAY'S GAME	L.A. Dodgers at Chicago Cubs, 9:37	EAST DIVISION	WEEK 15	Seattle at N.Y. Giants, 1
AMERICAN LEAGUE	Chicago at Tampa Bay, 2:37	SATURDAY'S GAME	W L T PTS	FRIDAY'S GAMES	Tennessee at Baltimore, 1
DIVISIONAL SERIES PLAYOFFS	TOMORROW'S GAME	Chicago Cubs at L.A. Dodgers, 10:07	x-Montreal 9 4 0 18	Calgary at Saskatchewan, 10	Indianapolis at Houston, 1
BEST OF FIVE	Chicago at Tampa Bay, 6:07	(L.A. Dodgers leads series 1-0)	Winnipeg 5 8 0 10	Calgary at Saskatchewan, 10	Kansas City at Carolina, 1
L.A. Angels vs. Boston	SUNDAY'S GAME	Philadelphia vs. Milwaukee	Toronto 4 9 0 8	SATURDAY'S GAMES	Washington at Philadelphia, 1
YESTERDAY'S GAME	Tampa Bay at Chicago, TBA	YESTERDAY'S RESULT	Hamilton 2 11 0 4	Montreal at Hamilton, 4	Tampa Bay at Denver, 4:05
Boston at L.A. Angels	NATIONAL LEAGUE	Philadelphia 3 Milwaukee 1	WEST DIVISION	Winnipeg at Edmonton, 7	Cincinnati at Dallas, 4:15
TOMORROW'S GAME	DIVISIONAL SERIES PLAYOFFS	TONIGHT'S GAME	W L T PTS	WEEK 5	Buffalo at Arizona, 4:15
Boston at L.A. Angels, 9:37	BEST OF FIVE	Milwaukee at Philadelphia, 6:07	Calgary 9 4 0 18	SUNDAY'S GAMES	New England at San Francisco, 4:15
YESTERDAY'S GAME	Chicago Cubs vs. L.A. Dodgers	SATURDAY'S GAME	B.C. 8 5 0 16	Chicago at Detroit, 1	Pittsburgh at Jacksonville, 8:15
Tampa Bay vs. Chicago W. Sox	YESTERDAY'S RESULT	Philadelphia at Milwaukee, 6:37	Saskatchewan 8 5 0 16	San Diego at Miami, 1	MONDAY'S GAME
	L.A. Dodgers 7 Chicago Cubs 2	(Philadelphia leads series 1-0)	Edmonton 7 6 0 14	Atlanta at Green Bay, 1	Minnesota at New Orleans, 8:30
	TONIGHT'S GAME	CFL	(x — clinched playoff spot)		



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METRO NEWS SERVICES

# Food

*"The fronds should be fresh and green — avoid flowering ones as that indicates age."*

Barb Holland/for Metro Canada

**Pick of the crop**

Choose fennel that is firm, rounded, white and unblemished.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

# I can't believe it's not celery

**À la carte**

**Barb Holland**

Metro Food Writer

Looking like a misshapen head of celery, fennel, sometimes labelled anise, has a mild and slightly sweet taste reminiscent of licorice.

The greener the fennel base, the stronger the flavour, however the flavour is muted when cooked. Use it raw like celery to toss in a salad or serve fennel sticks with a dip.

It can be grilled, roasted, sautéed, braised or steamed.

**Provençal Style Fish Chowder**

This healthy yet hearty soup can be stirred up quickly. Save some of the feathery fronds as a garnish for both colour and a bit more fennel flavour. If fish is frozen, cut while frozen and increase cooking time a minute or two. Serve with crusty bread. Makes about 7 cups (1.75 L), 4 servings.

**INGREDIENTS:**

- 1 small fennel bulb
- 1 tbsp (15 mL) olive oil
- 1 clove garlic, minced
- 19 oz (540 mL) can Italian seasoned stewed tomatoes
- 1-1/2 cups (375 mL) fish or chicken broth
- 1 tbsp (15 mL) Italian seasonings
- 1/2 tsp (2 mL) red pepper



The greener the fennel base, the stronger the flavour.

flakes, optional

- 1 lb (500 g) mild white fish (catfish, pollock, tilapia, cod, haddock), thawed if frozen, cut into 1 inch (2.5 cm) pieces
- Salt and pepper

**METHOD:**

Trim fennel by cutting off the skinny stalks and fronds. Remove any dry or fibrous outer stalks of fennel base. Cut base into quarters, remove and discard core, then chop remaining fennel.

Heat oil in a large saucepan over medium heat. Add fennel and garlic and cook until fennel is softened, about 5 minutes. Stir in tomatoes (breaking up any large pieces), broth, seasonings and red pepper

flakes. Bring to a boil over high heat. Stir in fish and cook until fish is cooked through, about 5 minutes.

To serve, garnish with chopped up fennel tops and season to taste with salt and pepper.

**Tips:**

• Storing: Fennel will keep in the refrigerator, in a perforated plastic bag for a few days.

• Cooking: Trim a little off the base, remove any dry or fibrous outer layers, skinny stalks and fronds. Wash remaining, cut and serve raw or cooked. Fennel browns after cutting so sprinkle with lemon juice if not using immediately.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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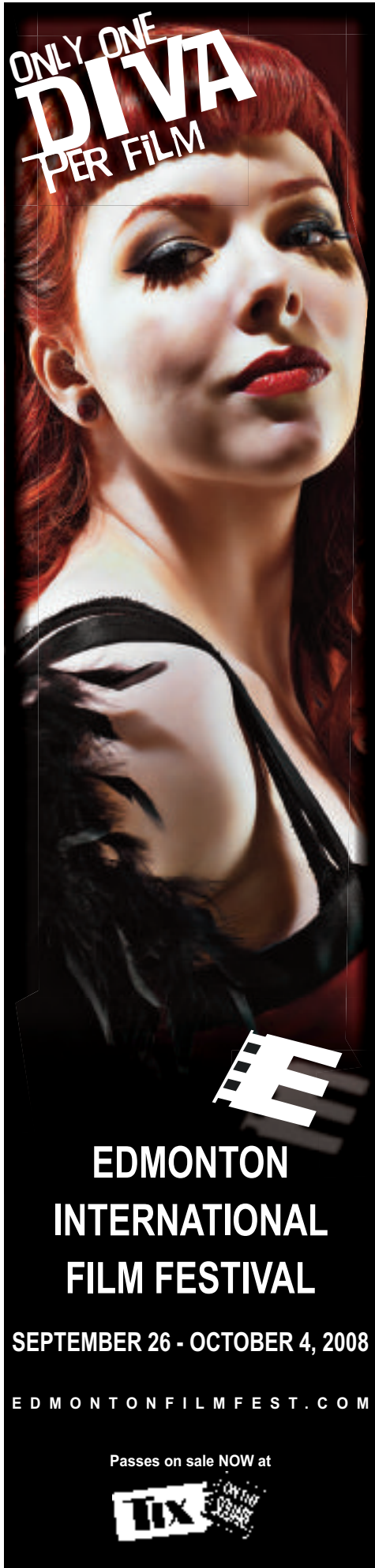
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Hardy Amies, the fashion house that dressed Britain's Queen Elizabeth for more than 30 years, plans to file for administration after failing to find new sources of funding. **REUTERS**

# Style



## The appeal of fig

Loyal Marc Jacobs consumers should check out his newest limited edition eau de toilette for men called Marc Jacobs Fig. Encompassing some of the core notes of his original fragrances, this 300 ml tonic offers a refreshing, lighter formula. Available at Holt Renfrew stores across Canada, \$60. **METRO NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Cape couture for fall



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**Draped**  
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**Hooded**  
Designer: Kersch  
Shop: Fine Finds  
finefindsboutique.com

**tip:** If you get caught in a downpour cover up your designer bag with Rain Couture. Rain Couture is a collection of small waterproof bags that help protect your purse from the rain. — [crazyforthat.com](http://crazyforthat.com)

## cape town

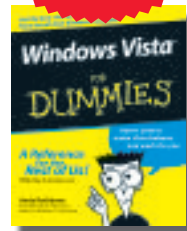
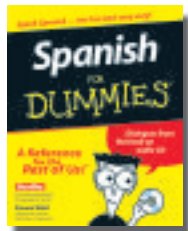
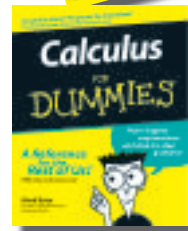
Throw on a knitted cape for a chic casual look. This is one major accessory staple that should be added to your fall wardrobe collection. If you like the cape look for off-season, I'd suggest purchasing a light neutral colour that can take you from fall into spring. The Aritzia cape is perfect for this as it's a light knit and it's cropped.

## accessory

One of the best necklaces I have seen this fall. Pair with a simple navy dress or a white T-shirt. Designed by Alexis Bittar. Available at Blue Ruby, [blueruby.com](http://blueruby.com)



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## Style File

**Kim Elbo**

[kim.elbo@metronews.ca](mailto:kim.elbo@metronews.ca)



## ask kim

I bought a leather hand bag from a vintage store and it has a distinctive odour to it that I want to get rid of. I love the bag and its design what can I do to get rid of the smell?

Try dampening a cloth with vinegar and wipe the inside and outside of your bag with the cloth or submerge the bag into a solution of warm water and baking soda. Both of these methods should completely eliminate the unwanted odour. — [about.com](http://about.com)

E-mail your style questions to [kim.elbo@metronews.ca](mailto:kim.elbo@metronews.ca).

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



## Spotlight on the sidekick

The CW is developing a one-hour drama based on the pre-Robin days of Batman's sidekick. The Graysons will explore Dick "DJ" Grayson's youth and adolescence in the same vein Smallville does for Clark Kent.

TVGUIDE.COM

13

# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

## Nerdcore nothing cool

### Nerdcore Rising

Director: Negin Farsad  
Stars: Damian Hess

Maybe it's a testament to my unmitigated coolness, but I am no more a fan of nerdcore now than I was before I watched director Negin Farsad's new documentary, *Nerdcore Rising*.

Nerdcore, to the uninitiated, represents the latest wave in hip-hop by appealing to geeks, and not gangsters, via lyrical subject matter ranging from on-line games like World of Warcraft to living in their parents' basement. The genre's godfather, and the subject of the documentary, is one MC Frontalot (a.k.a. Damian Hess) who pens rhymes when he isn't toiling in a day job as a computer tech. With testi-



MC Frontalot panders to the lowest common denominator in the film *Nerdcore Rising*

monials by the likes of established hip-hop artists like Prince Paul, and legendary dorks like Weird Al Yankovic, *Nerdcore Rising* does its entertaining best to further the notion that nerdcore is more movement than fad. Part of the Edmonton International Film Festival, showtime is 9:30 p.m. at Empire City

Centre Cinemas.

### All Together Now

Director: Adrian Wills  
Stars: Paul McCartney, Ringo Starr, Yoko Ono Lennon

Director Adrian Wills' documentary, *All Together Now*, concerns the fulfillment of a final wish of the

late George Harrison: To have the music of the Beatles married to a Cirque du Soleil production. That show ultimately became *The Beatles — Love*, a Vegas sensation, but the journey there via London and Montreal is a compelling one.

Because of the Beatles stature in music history, and in an effort to properly honour Harrison's memory, the level of consultation required between remaining Beatles Paul McCartney and Ringo Starr, Yoko Ono, Suzanne Harrison and the fifth Beatle, producer George Martin, was extensive. Beyond the spectacle of the Cirque show itself, the music makes this a must-see for any Beatles fan. Showtime is 7:15 p.m. at Empire City Centre.

YURI WUENSCH/METRO EDMONTON

## Sidekick steals film

RICK MCGINNIS  
Metro Canada

While the title characters played by Michael Cera and Kat Dennings are the stars of Nick and Nora's Infinite Playlist, audiences leaving the Toronto International Film Festival screenings of the film were unanimous that Ari Graynor almost stole the film from them in every scene she played as Caroline, Nora's best friend, who spent the majority of her screen time ruinously drunk over the course of a long New York night.

It helped that she was handed several indelible scenes, one of which has Graynor's Caroline hunched over a filthy toilet retrieving a piece of chewed gum that's a cross between her talisman and

security blanket. Nick and Nora director Peter Sollett gives her credit for fleshing out the character of Caroline on the spot during the film's location shoot.

"She's tremendous, and I think people are going to fall in love with her, and she's an incredible improvisational actress."

"I have a lot of love for Caroline," Graynor insists, "and I don't have a lot of judgment for her because it's a night and a situation that everyone has found themselves in at some point. It's not like I think someone should get wasted and throw up and have a disgusting night, but I also think that it's a rite of passage of growing up and I think that she's smart and she loves her friends and she's insecure."

Nick and Nora's Infinite Playlist opens tomorrow.

### T.I.

Album: Paper Trail  
Label: Grand Hustle/Warner  
Rating: ⚡⚡⚡

CLIFFORD HARRIS (T.I.) has packed a lot of trouble and contradictions into his 28 years. Alimony troubles, drugs charges, weapons charges, assault charges ... and yet he's also done his share of charity work (not all of it court ordered). He's a warts-and-all type of guy, and it shows on *Paper Trail*. T.I. dishes openly about his life, which also includes his share of generic sex and party jams. Several tracks shine: *My Life Your Entertainment* with Usher is a perceptive, catchy analysis of celebrity. *Swagga Like Us* with Jay-Z, Kanye West, Lil' Wayne and M.I.A. sample is menacing and mesmerizing.

Jim Reyno/Metro Canada

Read the rest of our album reviews at [metronews.ca/music](http://metronews.ca/music)

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ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/2/08	2	CFRN	239	318	Political Debate (Live)			CSI: Crime Scene Investg.		Law & Order		News (N)
	3	KHQ	-	370	Vice Presidential Debate (Live)			Name Is Earl		Be-Millionaire		Jeopardy! (N)
	4	CBXT	-	307	Political Debate (HDTV) (Live)			Coronation St.		CBC News: The National		The Hour
	6	KREM	-	372	Vice Presidential Debate (Live)			Survivor: Gabon (HDTV)		CSI: Miami (HDTV)		Paid Program
	7	CKEM	241	347	Law & Order: SVU		Glam God With Vivica A. Fox	Ugly Betty (N)		Friends		Your City
	8	CITY	240	339	Political Debate (Live)			Survivor: Gabon (N)		The Office		News Hour
	12	CBFT	119	705	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)	Grosse vie (N)	C.A. (N) (SC)	Le Téléjournal (N) (SC)		TJ Alberta
	13	KXLY	-	371	Vice Presidential Debate (HDTV) (Live)		VP Analysis	Ugly Betty (N)		Entertainment		The Insider (N)
	16	KAYU	-	373	Vice Presidential Debate (Live)		Political Special	Hole in the Wall (N)		TwoHalf Men		News (N)
	19	CHTV	-		The Insider (N)	EI News	Name Is Earl	Whispers and Lies (2008, Suspense)		Malissa Joan Hart		News (N)
	22	KSPS	-	374	Vice Presidential Debate (HDTV) (Live)			Sherlock Holmes Mysteries		Globe Trekker (DVS)		Soundstage
	24	WTVS	-	364	Vice Presidential Debate (HDTV) (Live)			Red Green		Tavis Smiley	Charlie Rose (N)	
	15	CBCTN	502	-	(6.45) CBC News Special "Election 2008: English Debate" (Live)			Red Green		CBC News: The National		CBC News Sp.
	21	TWN	505	398	(5) EarthWatch One		EarthWatch One	EarthWatch Two				
	27	CNN	500	500	Larry King Live		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360
	44	CTVN	501	391	Political Debate (Live)			Mike Duffy Live		News		CTV Newsnet
	70	BNN	504	508	Squeeze Play		Market Call	Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400	400	Boxing: Mayorga vs. Mosley		SportsCentre (HDTV) (Live)		Off the Record	Score Golf Television Sp.		NFL Films
	23	net	408	418	MLB Baseball: Division Series		Teams TBA. (Live)					Sportsnet Con.
	47	SPEED	417	406	Pinks -- All Out (HDTV) (N)		Wrecked (N)	Pinks (HDTV)	Pass Time	Pinks -- All Out		Pinks -- All Out
	94	SCORE	410	403	College Football Pittsburgh at Florida		Score Tonight	Hardcore Hockey Talk		Poker -- Learn From the Pros		Sports Rage
	9	EDACC	267	351	Help TV		America's Next Top Model (N)	Hole in the Wall		To Be Announced		Help TV
	14	YTV	552	543	Drake & Josh	iCarly	H2O, Just Add	Malcolm-Mid	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.
	17	TREE	553	546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555	545	World of Quest	Johnny Test	George-Jungle	Bugs Bunny & Tweety Show	6teen	Total Drama	Futurama	The Critic (N)
	45	FAM	557	541	Zoe 101	Life Derek	Wizards-Place	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	-	TVA	121	714	TVA 18 heures	Le Cercle (SC)	La Fievre de la danse (SC)	Occupation double			Vlog (SC)	TVA 22 heures
	18	CMT	575	583	(6) Karaoke Star "Finale"		Gone Country	Karaoke Star "Finale"				Gone Country
	25	A&E	615	520	The First 48 (HDTV)		Jacked: Theft	Jacked: Theft	Crime 360 "Killing Field"	The First 48 (HDTV)		The First 48
	26	MMM	571	581	Revival	Where You At	I Want to Work for Diddy	Party of Five	Celine Dion: Woman	Party of Five		Party of Five
	39	FOOD	603	561	Unwrapped	Secret Life of	Jamie's Kitchen Australia (N)	Restaurant Makeover	Challenge	Unwrapped		Unwrapped
	31	SHO	617	522	Spaced	Painkiller Jane	The Tonight Show-Jay Leno	ReGenesis (HDTV)	Trailer Park	Trailer Park	Saving Grace	Saving Grace
	32	SLICE	520	505	In the Shadow of the Moon	MythBusters	The Biggest Loser	Daily Planet	Monster Moves	Monster Moves		Shadow-Moon
	33	DISC	601	562	Last 10	Bulging Brides	Will & Grace	Divine Design	House	Confidential	Save Us-House	Open House
	34	W	602	567	Shopping Bags	Style by Jury	Street Customs (HDTV)	American Chopper	Street Customs (HDTV)	Street Customs (HDTV)	Overhaul!	Overhaul!
	35	TLC	521	560	American Chopper			Law & Order "Illegal"	Without a Trace	Without a Trace		Blame-Rio
	36	BRAVO	602	523	Ham & Cheese ** (2004, Comedy)		Bravonews	The Ultimate Fighter (HDTV)	Married... With	Married... With		Married... With
	38	SPIKE	628	584	TNA IMPACT! (N)			Crime Stories	Lost Worlds	Lost Worlds		Engineering
	40	HIST	522	506	The Perfect Weapon	NCIS "Trojan Horse"		Corner Gas	The Simpsons	South Park		VIP
	41	COM	626	547	Laughs	Comedy Now	Air Force	Just for Laughs	Lost "Outlaws"	Deep Space 9		Deep Space 9
	43	SPACE	627	528	Battlestar Galactica		Chuck	Stargate SG-1 (DVS)	Lost "Outlaws"	Deep Space 9		Deep Space 9
	44	WPCH	294	650	Bridget Jones: Edge		Family Guy	Bridget Jones: The Edge of Reason ** (2004)	Don't Forget Your Passport	Commando		Commando
	46	OLN	411	457	Survivorman		Pilot Guides	Pilot Guides "Scotland"	The Ellen DeGeneres Show (N)	Hollywood		Hollywood
	48	TROP	619	525	Make or Break	Naked Fashion	Beverly Hills, 90210	Make or Break	What Happen?	Family Guy	Seinfeld	Seinfeld
	50	STAR	621	527	Look-A-Like	In Fashion	The Tonight Show-Jay Leno	TMZ	eTalk	The Ellen DeGeneres Show (N)	Hollywood	Hollywood
	52	HGTV	600	564	The Fix	Disaster DIY	Home to Flip	Holmes on Homes	The Fix	Disaster DIY	Home to Flip	Home to Flip
	65	TLN	700	580	(6) I Due Marescialli		Raymond	George Lopez	George Lopez	The Sopranos (SS)	Disaster DIY	Disaster DIY
	92	APTN	269	350	News		Suagang	Next! Youth	Wild Wild West * (1999, Action)	Will Smith		Will Smith
	93	VISION	261	394	Into the Arms of Strangers: Stories of the Kindertransport *** (2000)			Clergy	Six Days in June	Six Days in June		Six Days in June
	100	MTV	581	566	The Hills	Super Sweet	Exiled	MTV Cribs	Man and Wife	The Hills		Exiled
	101	MMV	570	580	Instant Star	Instant Star	Greek	MuchMusic Countdown	Pimp My Ride	Pimp My Ride		Legally Blonde
	102	CPAC	512	396	(6:30) Headline Politics		Revue	Question Period	Prime-Politics	Headline Politics		Headline Politics
	103	CLT	526	507	(6) Isaac Littlefeathers		Mysterious Ways	Judging Amy	History of Pop Culture	Isaac Littlefeathers		Isaac Littlefeathers
	105	TV5	145	761	Envoyé spécial "Ecoles-Lhasa"		Cité guide	Journal TV5	La Boite à musique	Le Piano		Acoustic
	106	RDI	126	730	Elections Canada 2008 "Le Débat des chels en Anglais"			Elections Canada 2008	Le Journal RDI	Le Journal RDI		Le Téléjournal

### critics'corner

#### Ugly Betty

Wilhelmina (Vanessa Williams), prepping her first issue of the magazine as editor, tries to lure Betty (America Ferrera) over to the dark side by offering her a job at Mode as her assistant. Daniel (Eric Mabius) discovers he faces a custody battle if he wants to keep Daniel Jr. (Julian de la Cella) in the U.S., and Hilda's (Ana Ortiz) illicit romance with Coach Diaz (Eddie Cibrian) heats up in the new episode "Filing For the Enemy." 9 PM on CKEM



#### My Name Is Earl

In this new episode, Earl's (Jason Lee) attempt to give Joy (Jaime Pressly) a hot tub backfires when she gets a flesh-eating toe infection, and she's forced to stay in a makeshift plastic bubble. To keep order in their world, Earl fills in as the new Joy while she is out of commission. That means gossiping with the girls at the hair salon and shopping for meat out of some guy's trunk. Yeah, that seems about right. 9 PM on KHQ



Superman fans have succeeded in their bid to rebuild the house where the legendary character was first created by Jerry Siegel in Cleveland, Ohio.

Superman house saved

IMDB.COM

## Celebrity Buzz

# DiCaprio wants to wed

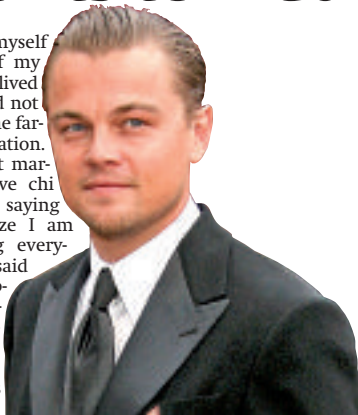
**RELATIONSHIPS** Actor Leonardo DiCaprio wants to get married because he is keen to live a normal life, imdb.com reports.

The 33-year-old star is reportedly sick of travelling the world and living on movie sets and confesses he would like to settle down and start a family to make him feel more grounded.

"What I definitely feel a need for is to make my life about more than just my career," he tells Parade magazine. "Just last night I was

thinking to myself how little of my life has been lived normally and not spent on some far-off movie location. I want to get married and have children. In saying that, I realize I am contradicting everything I've said before. I absolutely believe in marriage."

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

# Richie on the road again



**LEGAL** Socialite Nicole Richie is back behind the wheel a year after she was convicted of driving under the influence (DUI), imdb.com reports.

The former Simple Life star's licence was officially changed from suspended to restricted on Sept. 19, according to

Los Angeles Department of Motor Vehicles records.

Richie served 82 minutes behind bars and had to undertake an 18-month anti-drug course after she was caught driving the wrong way down a freeway ramp road.

As a restricted licence holder, Richie can now use her car for work-related activities.

METRO NEWS SERVICES

# Fox is officially a fox

**POLL** It's official: Megan Fox is hot, intouchweekly.com reports.

The actress tops Movie-fone's list of the 25 Hottest Actors Under 25.

"I honestly believe that Megan is here to stay," her director for the upcoming film *How to Lose Friends & Alienate People*, Robert Weide, said.

"She'll constantly surprise people by her range. Anyone who thinks she's

just a pretty face is going to be surprised in the same way they were when Michelle Pfeiffer proved she really was an actress."

Other young stars making the list include Megan's *Transformers* co-star Shia LaBeouf, Michael Cera, Dakota Fanning, Emma Watson, Zac Efron, Miley Cyrus, Blake Lively and Keira Knightley.

METRO NEWS SERVICES



# Mills 'at peace' following bitter divorce



**HEALTH** Heather Mills is "at peace" following her bitter divorce battle from Sir Paul McCartney, female-first.co.uk reports.

The charity campaigner is attempting to put her troubled year behind her and is concentrating on her charity work.

"I'm in a really good place at the moment," she says.

"I'm really at peace. I've spent a lot of time healing. It's been a very, very difficult time, the hardest ever, but I now want the chance to focus on charity and continue my work with the causes I really care about.

Mills also revealed her and McCartney's four-year-old daughter Beatrice has helped her get through the difficult period.

"Beatrice is the light of my life, an absolute joy," she added to Britain's *Hello* magazine.

"I think when you have a child later in life, you appreciate it even more. I think on top of having lost so many — I had six miscarriages and two ectopic pregnancies — you really, really appreciate it.

"I was considering adoption, all sorts of things, nine years ago before I met her father."

METRO NEWS SERVICES

# Crowe bulks up for role

**FILM** Russell Crowe has revealed that he packed on 63 extra pounds for his role in Ridley Scott's new suspense thriller *Body of Lies*, People.com reports.

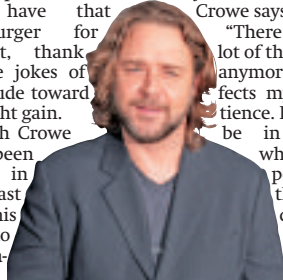
The actor says bulking up was a pleasure.

"I'll have that cheeseburger for breakfast, thank you!" he jokes of his attitude toward the weight gain.

Though Crowe has been known in the past for his affinity to his native Australian VB beer, he says he avoided drinking as a way of gaining weight because of his boys, Charlie, 4, and Tennyson, 2. "The drinking thing has sort of taken a different place in my life since I had kids," Crowe says.

"There are a whole lot of things I don't do anymore because it affects my level of patience. I don't want to be in that place where I'm exasperated with these beautiful children."

METRO NEWS SERVICES



# Jessica Simpson to marry again?



**GOSSIP** Looks like singer Jessica Simpson and her football player boyfriend Tony Romo may be exchanging "I dos," TMZ.com reports.

The couple were recently spotted in a Neiman Marcus department store in Dallas, Tex., reports the *Chicago Sun-Times*, and they were on the hunt for "big sparklers." Simpson and Romo are reportedly already talking about a winter wedding, though "well after" the Super Bowl.

METRO NEWS SERVICES

## celebrity brief

# Paris changes her flight plans

**GOSSIP** Paris Hilton has vowed never to set foot on another Learjet aircraft after her pals Travis Barker and Adam "DJ Am" Goldstein almost lost their lives in a plane crash last month, imdb.com reports.

The socialite admits she occasionally flies to Las Vegas in the same type of plane Barker and Goldstein were onboard when it failed to clear an airport runway in South Carolina on Sept. 19.

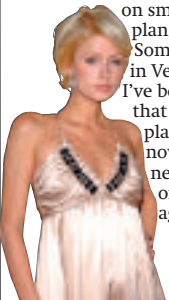
Four people died in the tragedy and the two stars were hospitalized with severe burn injuries.

News of the crash stunned Hilton, who was onboard a plane bound for Milan, Italy at the time, and now she's rethinking her own travel plans.

"I couldn't believe it," she says. "I'm scared to go on small airplanes now."

Sometimes in Vegas, I've been on that sort of plane and now I'll never go on one again."

METRO NEWS SERVICES



# Dita blasts nip and no-tell celebrities

**GOSSIP** Dita Von Teese has blasted celebrities who don't admit to having plastic surgery, female-first.co.uk reports. The burlesque dancer, who previously admitted she had her breasts cosmetically enhanced when she was younger, says any famous person who has gone under the surgeon's knife should have the courage to

be open about their decision. "It's no secret that I had my breasts done," she says. "I will never apologize for having it done. I just wish more celebrities admitted to it."

METRO NEWS SERVICES



# Clooney has no Batman regrets

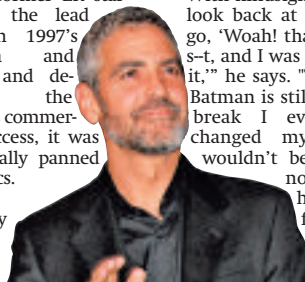
**FILM** Actor George Clooney has no regrets over his appearance as comic book hero Batman, insisting the poorly-received movie shot him to superstardom, imdb.com reports.

The former ER star landed the lead role in 1997's *Batman* and Robin and despite the movie's commercial success, it was universally panned by critics.

But Clooney insists that even though he is embarrassed by his poor performance in the movie, he is adamant playing the caped crusader helped raise his profile in the acting world.

"I don't regret anything. With hindsight it's easy to look back at *Batman* and go, 'Woah! that was really s-t, and I was really bad in it,'" he says. "The truth is, *Batman* is still the biggest break I ever had. It changed my career. I wouldn't be doing this now if it hadn't been for *Batman*."

METRO NEWS SERVICES



# Big changes at the Wahlbergs

**GOSSIP** Mark Wahlberg and his fiancée Rhea Durham have named their newborn baby son Brendan Joseph, imdb.com reports.

The baby was born on Sept. 16 and joins siblings Ella Rae, five, and Michael, two.

It's a busy time for the Wahlberg clan. America's *Life + Style* magazine has just revealed the family is moving.

Wahlberg has put his Beverly Hills home on the market for \$15.9 million US — more than \$10 million more than the price he paid for the property.

METRO NEWS SERVICES



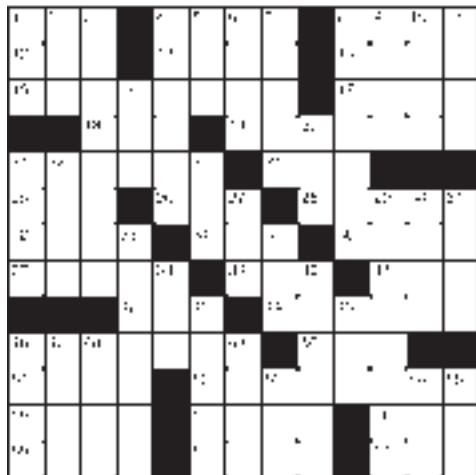




TWN incorporates MSC data



## Take Five



## Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	5		8			1		
2			9					5
		8		7	3			6
		7		4	2			9
3			7	1		2		
6			4	5		9		
8					6			1
	9			8		7		

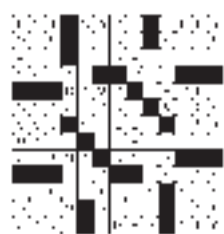
## Crossword across

- 1 "Angela's Ashes" sequel  
4 Spencer of "The Insider"  
8 Junk e-mail  
12 Commotion  
13 Rainbow  
14 Radius neighbor  
15 Video-game controller  
17 Night light?  
18 Perch  
19 Scopamine source  
21 Put one over
- 24 Coloring agent  
25 Cassowary look-alike  
26 Wardrobe malfunction  
28 Plotters' group  
32 Rocking jagger  
34 Awkward guy  
36 Oliver Twist's request  
37 Trusty horse  
39 "— the Dog"  
41 Favorable vote  
42 Take to court  
44 Powerful star-
- like object  
46 Subterfuge  
50 Biz letterhead abbr.  
51 Perjurer  
52 Buzz  
Lightyear's movie  
56 Land measure  
57 Curved molding  
58 Guitar's kin  
59 Holler  
60 Defeat  
61 Heavy weight

## Crossword down

- 1 — Mahal  
2 Altar affirmative  
3 Chinese food condiment  
4 Type of bug?  
5 Jackie's second hubby  
6 Affluent  
7 Requested  
8 Ray from Ra?  
9 "Not guilty," e.g.  
10 Uncredited in "Bartlett's"  
11 Lion's pride  
16 Pack quantity  
20 Big Apple letters  
21 Fixes a skirt  
22 Leave out  
23 God, in Italian  
27 Manhandle
- 29 Merit-badge earner  
30 Vicinity  
31 Mad Shakespearean king  
33 Variety of falcon  
35 Website info format  
38 Payable  
40 Masks  
43 Praise to the skies  
45 Pismire  
46 Stage show  
47 Houston university  
48 Count counterpart  
49 African republic  
53 "Certainly"  
54 Old movie-house letters  
55 Longing

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	7	6	3	8	2	9	4	1
1	3	2	5	9	4	6	8	7
4	8	9	1	6	7	3	2	5
7	2	8	9	3	1	4	5	6
9	1	5	6	4	8	2	7	3
3	6	4	2	7	5	1	9	8
8	9	1	4	5	6	7	3	2
6	4	7	8	2	3	5	1	9
2	5	3	7	1	9	8	6	4

Find today's answers + play more games at metronews.ca

## SUDOKU SOLVE TIME:

Under 13 min .....Genius  
13-17 min .....Scholar

17-21 min .....Smart  
21-25 min .....Not bad  
25+ min .....Keep practising

## Recipe of the day



## Spinach and Potato Frittata

## INGREDIENTS:

1 lb (500 g) russet potatoes, cut into 1/2-in. (1-cm) cubes  
3 cups (750 mL) baby spinach leaves, trimmed of stalks  
1 tbsp (15 mL) olive oil  
1 red pepper, quartered, seeded and thinly sliced  
5-6 scallions, thinly sliced  
3 egg whites  
2 whole eggs  
2 tbsp (25 mL) Parmesan cheese  
Salt and pepper

## METHOD:

1. Cook potatoes in boiling water until almost tender, 5 to 6 minutes. Place spinach in a steamer or colander over potatoes and cook until potatoes are tender and spinach has wilted, another 5 minutes. Drain potatoes. Press spinach with the back of a spoon to extract excess moisture, then chop.  
2. Heat oil in a non-stick skillet. Add pepper slices and sauté over medium heat for 2

minutes. Stir in potatoes and scallions and continue cooking for 2 minutes.

3. Beat egg whites and whole eggs in a large bowl, season lightly with salt and pepper, and mix in spinach. With a slotted spoon, remove vegetables from skillet and add to egg mixture, leaving remaining oil in the pan. Stir egg and vegetables briefly to mix, then pour into skillet. Cover and cook, without stirring, until omelette is almost set but still a little soft on top, about 6 minutes. Preheat broiler.

4. Dust frittata with Parmesan and place under broiler. Cook until browned and puffed around edges, 3 to 4 minutes. Cut into quarters or wedges and serve.

## SERVES 6

## rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



## Horoscopes

ARIES  
MARCH 21-APRIL 20

A rebel spirit is essential to your needs. An honest person will find a balance. Something exciting will happen.

LIBRA  
SEPT 23-OCT 23

An unusual event can become enjoyable. A whiner wants to use you for sympathy. Pride causes someone to have a bad day.

TAURUS  
APRIL 21-MAY 21

A magnetic person becomes a casualty of love. An idle chatterer accomplishes more than a feisty debater. Someone plays the fool.

SCORPIO  
OCT 24-NOV 22

Practice what you preach. A regrettable mistake follows a warning of danger. Come up with entertaining ideas for the weekend.

GEMINI  
MAY 22-JUNE 21

You can play mind games in the right place. Your tyrannical side is a surprise to others. An injured party threatens to make a deal.

SAGITTARIUS  
NOV 23-DEC 21

A daydreamer has some brilliant ideas. Open your mind to unthinkable solutions. Toss aside your superstitions about good luck.

CANCER  
JUNE 22-JULY 22

A secret reward raises your spirits. A lover's chat becomes a scandal. Don't be heartless about a significant event.

CAPRICORN  
DEC 22-JAN 20

You'll get bogged down in endless blunders. Meet with people who can help you. You'll cast a suspicious glance at the stock market.

LEO  
JULY 23-AUG 23

Play nice with a wounded woman. An awesome stranger will come to your rescue. A clumsy girl is standing on shaky ground.

AQUARIUS  
JAN 21-FEB 18

Good fun with your friends is exactly what you need. Give the impression that you control your life. Compassion leads to improvements.

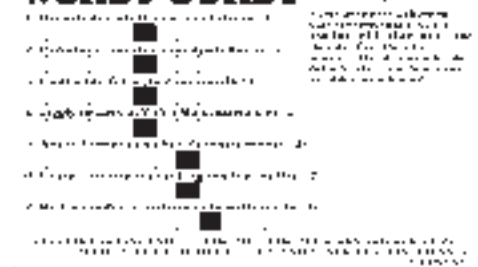
VIRGO  
AUG 24-SEPT 22

A disagreement is dissipated by timely laughter. A friend contributes to problem solving. The chance of a lifetime comes from a hard-working woman.

PISCES  
FEB 19-MARCH 20

You'll be trusted with a secret. It's not a good idea to bore anyone. Don't take troubled times personally.

## WORDY GURDY



## This day in history

OCT. 2, 1535: Jacques Cartier discovers Montreal, Quebec.  
OCT. 2, 1789: George Washington transmits the proposed Constitutional amendments (The United States Bill of Rights) to the States for ratification.  
OCT. 2, 1924: The Geneva Protocol is adopted as a means to strengthen the League of Nations.  
OCT. 2, 1950: Peanuts by Charles M. Schulz first published.  
OCT. 2, 1967: Thurgood Marshall is sworn in as the first African-American justice of United States Supreme Court.  
OCT. 2, 2001: The NATO backs U.S. military strikes, following 9/11.

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